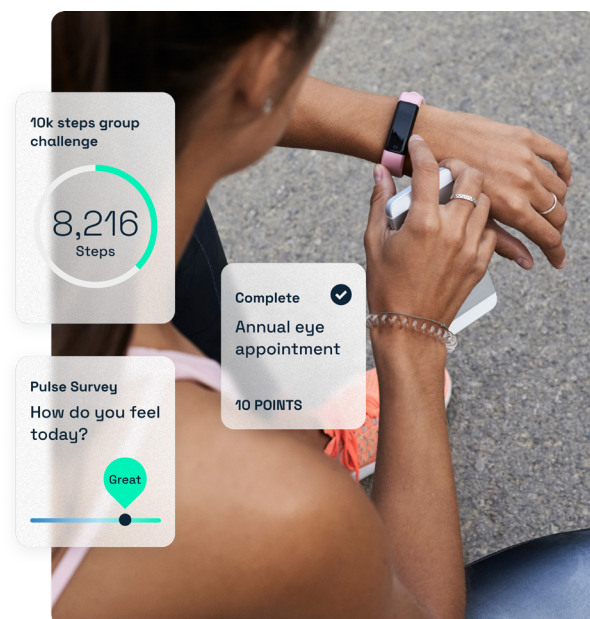


2026

Check out the Novant Health well-being program



More resources, more rewards

Your Novant Health well-being portal can be accessed at livehealthynovanthealth.com. What can you expect from the portal?

New features: The incentive tracking table and program rewards

- Use the table located on the home page to review the full list of program activities, their completion requirements, and what you can earn for successfully completing them.
- You will also use the table to submit completed activities and track your progress in the program.
- Make sure your progress is up to date – when you successfully complete activities, you'll earn incentives! If you are eligible, depending on the medical plan you are enrolled in, you will earn HRA dollars into your medical plan or you can redeem the points you earn in the Live Amplified Rewards mall, which provides hundreds of merchandise options- electronics, sports equipment, health and beauty items, gift cards, and more!

Familiar favorites

- Participate in group and personal well-being challenges.
- Browse a database of recipes and workout videos.
- Complete a meal planner and search for local grocery store discounts.
- Track health-related activity: step count, activity minutes, nutrition, hydration, sleep and weight.
- Track this information manually or with the Navigate Well-being App, available as a free download in the Apple App Store and Google Play App Store.
- You can also sync your favorite devices and apps, which then seamlessly update with the portal each day.

Rewards for 2026

2026 Novant Health Well-Being Program Incentive Structure		
Participant	Incentive cap	Incentive format
Novant Health Premier Plan, Blue Standard Plan and Blue Premium Plan - enrolled team member	\$900	HRA, through the Novant Health well-being portal
Novant Health Premier Plan, Blue Standard Plan and Blue Premium Plan - enrolled spouse (includes spouses employed and not employed by Novant Health)	\$275	HRA, through the Novant Health well-being portal
Blue High Deductible Health Plan-enrolled team member	\$250	Rewards/points, through the Novant Health well-being portal
Non-enrolled benefits-eligible team member and spouse enrolled as a dependent on the Blue High Deductible Health Plan (includes spouses employed and not employed by Novant Health)	\$100	Rewards/points, through the Novant Health well-being portal
PRN team member	Not eligible	N/A