

# Here's a simple, affordable choice for maternity care.

## With 'episodes of care,' we coordinate your care to help maintain your health during pregnancy.

Team members and dependents covered by our Cigna medical plans are eligible<sup>\*</sup> for an enhanced maternity care benefit that significantly reduces out-of-pocket expense.

### By choosing this benefit\*\*, team members covered by our Cigna medical plans will enjoy high-quality care plus exclusive concierge services, including:

- Clearly defined care paths, including physician visits, lab testing, ultrasound, hospital stays, newborn care, education and support throughout the pregnancy
- Personally guided assistance navigating the process via the episode's portal and your dedicated member engagement specialist
- A high-value, top-quality experience, delivered with predictable costs

### How does it work?

By connecting with the episodes member engagement specialist, you as a team member will learn how to opt in to the episode benefit. You will be guided through registration on the "episode portal," where you can launch important activities and access education designed to ensure you're well prepared for your pregnancy and childbirth experience.

#### When will this benefit be available?

The episode of care benefit for Novant Health team members is available now.

To enroll, contact a member engagement specialist at 888-408-0558 or go to Novant.HolistaHealth.com/portal.



\*Enrollment exclusions may apply.

\*\*Members at fewer than 17 weeks gestation are eligible for the maternity episode benefit.